MAULANA ABUL KALAM AZAD INSTITUTE OF ASIAN STUDIES
(An Autonomous Body Under the Ministry of Culture, Government of India)

You are requested to kindly make it convenient to
attend the webinar
On
THE OCCASION OF INTERNATIONAL YOGA DAY

Shri Jagdeep Ji Dhankhar
Hon’ble Governor of West Bengal
Has kindly given his consent to inaugurate the Webinar

Prof Sujit K Ghosh
Chairman, Maulana Abul Kalam Azad Institute of Asian Studies, Kolkata
Will give welcome address
on
21st June 2020 from 04.30pm onwards
At
Google Meet: https://meet.google.com/vtu-tbxu-rvk

Dr Sarup Prasad Ghosh
Director, MAKAIAS, Kolkata

# Namaste Yoga
# 10 Million Suryanamaskar

9706136898 / 8777600127
MAULANA ABUL KALAM AZAD INSTITUTE OF ASIAN STUDIES  
(An Autonomous Body under the Ministry of Culture, Government of India, Kolkata)  

ORGANISES  
A THREE-DAY WEBINAR ON THE OCCASION OF INTERNATIONAL YOGA DAY  
(21ST-23RD JUNE, 2020)  

We are immensely grateful that His Excellency Honourable Governor of West Bengal Shri Jagdeep Ji Dhankhar has kindly given his consent to inaugurate the International Yoga Day Webinar which will be organized by MAKAIAS, Kolkata on and from 21st-23rd June, 2020. Honourable Governor will inaugurate the Webinar at 04.30 p.m. on 21st June, 2020.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Detail of the programme</th>
</tr>
</thead>
<tbody>
<tr>
<td>21st June, 2020</td>
<td>4.30 p.m.- 4.35 p.m.</td>
<td>Vedic Chanting by Ms. Barnali Sharma, Research Assistant of MAKAIAS, Kolkata</td>
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<td></td>
<td>4.35 p.m.- 4.50 p.m.</td>
<td>Welcome Note by Prof. Sujit Kumar Ghosh, Chairman, MAKAIAS, Kolkata</td>
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<td>4.50 p.m.- 5.10 p.m.</td>
<td>Program will be Inaugurated by Shri Jagdeep Ji Dhankhar, Honourable Governor of West Bengal</td>
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<td></td>
<td>5.10 p.m. - 5.25p.m.</td>
<td>Yoga: In the form of Sattriya Dance since Mahapurush Srimanta Sankardeva</td>
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<td>5.25p.m to 5.30 p.m.</td>
<td>Vote of Thanks by Dr. Sarup Prasad Ghosh, Director, MAKAIAS, Kolkata</td>
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<tr>
<td>22nd June, 2020</td>
<td>4.30 p.m.- 4.35 p.m.</td>
<td>Vedic Chanting by Ms. Madhumita Malakar, Research Assistant of MAKAIAS, Kolkata</td>
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<td>4.35 p.m.- 4.50 p.m.</td>
<td>Welcome Note by Prof. Sujit Kumar Ghosh, Chairman, MAKAIAS, Kolkata</td>
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<tr>
<td></td>
<td>4.50 pm- 5.25 p.m.</td>
<td>Revealing the Vedantic Spirit of Yoga in Vedic Culture</td>
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<tr>
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<td>5.25p.m to 5.30 p.m.</td>
<td>Vote of Thanks by Dr. Sarup Prasad Ghosh, Director, MAKAIAS, Kolkata</td>
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<td>23rd June, 2020</td>
<td>4.30 p.m.- 4.35 p.m.</td>
<td>Vedic Chanting by Ms. Mousumi Baskei, Research Assistant of MAKAIAS, Kolkata</td>
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<td>4.35 p.m.- 4.50 p.m.</td>
<td>Welcome Note by Prof. Sujit Kumar Ghosh, Chairman, MAKAIAS, Kolkata</td>
</tr>
<tr>
<td></td>
<td>4.50 p.m.- 5.25 p.m.</td>
<td>Yoga in Contemporary Period</td>
</tr>
<tr>
<td></td>
<td>5.25p.m to 5.30 p.m.</td>
<td>Vote of Thanks by Dr. Sarup Prasad Ghosh, Director, MAKAIAS, Kolkata</td>
</tr>
</tbody>
</table>

Prof. Sujit Kumar Ghosh  
Chairman

Dr. Sarup Prasad Ghosh  
Director

For registration participants are requested to register them through the following links:

https://forms.gle/kcntiDHZuc9APbYr7  
https://chat.whatsapp.com/L0qi7fw0pYU096MorY5W4O

Day 1 Google Meet Id  
Contact Person:  
Dr. Nabajit Kumar Das: 9706136898  
Mr. Sourav Dhar: 8777600127  
(Academic Consultant)  
(Research Assistant)